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**Headaches: Causes,  
types, and treatment**

Why Your HeadAches is the first book that takes the novice reader into the depths of this new research, which will

provide a new hope of a better life. "I have been a headache sufferer for over 30 years. I've been to many doctors and specialists. Not until now, did I truly understand what really caused my headaches.

## **12 types of headache and how to treat them - Saga**

For a free assessment of how your headaches are

affecting your Quality of Life, click here To contact The Headache Clinic call 011 484 0933, or e-mail to [info@theheadacheclinic.net](mailto:info@theheadacheclinic.net)

**Smartphones may make your headaches worse, study finds - CNN**

Menstrual headaches can range from mild to severe when it comes to pain, says Dr Talebian, and they

tend to start on one side of your head before spreading (docs aren't sure why this is, she says).

## **Why You Might Have a Headache After Taking Melatonin ...**

Learn about migraine headache symptoms and treatment. Read the latest research on the various types of headaches such as migraine headaches, sinus

headaches, and cluster headaches, among others.

**Chronic daily headaches  
- Symptoms and causes -  
Mayo Clinic**

Why do you get headaches during your period? Medically reviewed by Debra Sullivan, Ph.D., MSN, R.N., CNE, COI — Written by Amanda Barrell on January 14, 2020 Periods and



headaches

## **Why Your HeadAches: The Latest Medical Research Explained ...**

The primary headaches comprise of migraines, tension-type headache (TTH) and cluster headaches. Migraines, according to the neurologists, are more common with women in their 30s.

## Why Your Headaches The Latest

The headaches may disappear completely (your doctor will call this remission) for months or years, only to come back later. Men are three to four times more likely to get them than women.

Continued

## Why Do Headaches Cause Nausea? - Health Hearty

When the muscles around your head are held in a semi contracted state, your pain receptors send a signal to your brain. These headaches are often treated with a mild to medium strength painkiller. • Migraine headache: This kind of headache is caused by a

change in the blood flow to the cerebral cortex.

**Why your regular headaches may not be a normal disease**

Review the latest COVID-19 resources and research advancements ...

Keeping a headache diary can help you determine what triggers your headaches so that you can avoid the triggers. Include

details about every headache, such as when it started, what you were doing at the time and how long it lasted.

## **Why Do We Get Headaches? | Healthy Living**

BonTriage asks the right questions to produce a headache history that guides your diagnosis and treatment. Stop wasting

time with repeated doctor's visits and no results. Let your doctor focus on finding solutions, instead of asking questions.

**This is why you get a headache on your period – and how to ...**

Why Would Melatonin Cause Headaches? Any time a new substance is introduced to the body, there's a chance for an

adverse reaction, like a headache.

**Headaches News --  
ScienceDaily**

Wonder why your head hurts? We've all reached for the painkillers at one time or another, and the NHS estimates that 10 million people in the UK alone suffer from regular headaches. Believe it or not, there are a staggering

150 types of the wretched things.

## **Migraine & Headaches Center: Physician Reviewed Headache ...**

You can take care of many types of headaches by yourself, and your doctor can give you medication to control most of the tougher headaches. But some headaches call for prompt medical care. Here



are some warning signs for when you should worry about headaches: Headaches that first develop after age 50; A major change in the pattern of your headaches

**Constant headaches |**

**Health24**

Just because the sun rises doesn't mean you're going to feel pain, though. Morning headaches are

often the result of underlying health problems (think diabetes, thyroid abnormalities, and ...

## **Headache: When to worry, what to do - Harvard Health**

Smartphones may make your headaches worse, study finds . By Kristen Rogers, CNN . Updated 2100 GMT (0500 HKT)

March 4, 2020 . Chat with us in Facebook Messenger.

## **Headaches - Types, Causes, Symptoms, Diagnosis, Treatment**

Headaches can cause various types of pain, and classifying the pain can help a doctor reach a diagnosis. ... Latest news. Stroke risk higher for COVID-19 patients who

smoke or vape.

## Why Do I Wake Up With a Headache? | POPSUGAR Fitness

Headaches and nausea together can be a symptom of some severe underlying disorder. Go through the following article for more information. A headache is one of the most common and at the same time one of the worst conditions

experienced by people. It can be mild or severe; and can literally disrupt your daily activities.

### **Headache Causes - Mayo Clinic - Mayo Clinic**

Approximately 45 million Americans suffer from chronic headaches, and of them, 28 million suffer from migraines. Get migraine and headache information and learn

about their causes, triggers, and ...

## **Period headaches: Causes, symptoms, and treatment**

Headaches are one of the most common medical complaints -- nearly everyone gets a headache at some point. Over 45 million Americans (about one in six) suffer chronic headaches each year.

Headaches therefore have a big economic impact -- when you have a throbbing pain in your head, it's hard to work.

**Why do we get headaches?**

**HowStuffWorks**

Your headache symptoms can help your doctor determine its cause and the appropriate treatment. Most headaches aren't the

result of a serious illness,  
but some may result from  
a life-threatening  
condition requiring  
emergency care.  
Headaches are generally  
classified by cause: