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ing Shattered Lives, I accepted with enthusiasm, eager to learn what Dr. James Chu had revised in his now-classic book on the treatment of complex PTSD and dissociative disorders. Th is revision does not disappoint and, in fact, builds on the fi rst edition and adds to it the insights gained and information published since the original came out.

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Rebuilding Shattered Lives is an important working resource for mental health workers

of all levels of experience. Throughout, the writing style is clear, and complex theories are explained with an emphasis on how they provide the conceptual basis for a rational, responsible, and safe approach to treatment.