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Bringing Home The Seitan 100

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"Wheat-Meat" Tacos, BBQ, Stir-Fry, Wings and More Paperback – November 15, 2016
by Kris Holechek Peters (Author)

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Bring the liquid to a rolling boil and then bring it down to a simmer. Add the gluten to the pot and cover it partially, letting steam escape. Let the seitan simmer for 45 minutes, turning it in ...

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